

2020 HEALTH and SAFETY SPEAKING

Ohio State University Extension
 Erie County 4-H
 2900 Columbus Ave, Sandusky, OH 44870
 419-627-7631 or 1-888-399-6065
<http://erie.osu.edu>

Speaking Contest Dates

Extension Educator Responsible:
 Angela Holmes

Erie County: June 30 6:00 p.m. at the Erie
 County Fairgrounds.

Regional: Wooster OARDC, July TBA

GENERAL REQUIREMENTS

1. Junior division contestants shall be 4-H members who are eight years old and enrolled in the third grade to 13 years old on January 1st of this year. Senior division contestants shall be 4-H members who are 14 years of age or over on January 1st of this year.
2. Members who participate in the county speaking contest must call the Extension Office by June 25, 2020 to register.
3. All work is to be original work created by the 4-H member(s) for 4-H.

HEALTH AND SAFETY INDIVIDUAL

1. Contestants are to select a topic of human health or safety that affects family living, whether it is in the home, on the farm, on the highway, or in public places. A local example and supporting statistics (with sources cited) are required. Speeches should be written/prepared by the 4-H member giving the speech. Contestants shall not include music, singing, or dancing as part of their speech. Contestants who do so will be penalized 5 points.
2. Senior division contestants' speeches are to be 4.0 to 5.5 minutes in length. Senior division speeches under 4.0 or over 5.5 minutes will be penalized 10 points. Junior division contestants' speeches are to be 2.5 to 3.5 minutes with a 10 point deduction if under 2.5 minutes or over 3.5 minutes. There will be no time allotted or credit given for questions from the audience.
3. Appropriate dress is required for all 4-H Public Speaking participants. The use of costumes is not permitted. All participants must wear shoes. A five point deduction will be made for dress or shoe infractions.

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4. Prompters (scripts, note cards, verbal cues, signaling) and props may not be used when the contestant is speaking. No visual aids or props are permitted. Trademarked or “brand names” of products should not be used or mentioned in the presentation. Gestures should be used carefully and minimally. Verbal profanity or inappropriate to represent 4-H words written on clothing or visual aids/props is forbidden. Note cards will not be permitted in the junior or senior divisions at the preliminary or state contests; however you may use them for the Erie County contest.

HEALTH AND SAFETY TEAM TALK/SKIT

1. Teams are to select a topic of human Health or Safety that affects family living, whether it is in the home, on the farm, on the highway or in a public place. Team talks/skits should be created/prepared by the 4-H members participating in the team talk/skit. A local example and supporting statistics (with sources cited) are required.
2. Teams shall consist of 4-H members who are eight years old and enrolled in the third grade or older on January 1 of the current year. Each team must consist of two to five current 4-H members. Subbing is not recommended.
3. The time limit for each team shall be five to eight minutes. Each member of the team must participate with at least one minute of speaking time. Teams going over eight minutes or under five minutes OR those not meeting the one minute speaking time requirement for each team member will be penalized 10 points. There will be no time allotted or credit given for questions from the audience.
4. Prompters (scripts, note cards, verbal cues, signaling) may not be used during the skit. Teams using prompters will be penalized 10 points. Note cards will not be permitted at the preliminary or state events.
5. Props may be used for the team talks/skits, but no posters or printed materials that are used to prompt participants will be allowed. Trademarked or “brand names” of products should not be used on props, costumes, or mentioned in the skit. Live animals are not considered props and are not permitted to be used in team talks/skits.
6. Verbal profanity or inappropriate to represent 4-H words written on clothing is forbidden. Appropriate dress is required for all 4-H team talks/skits participants. The use of costumes will be allowed as long as all participants are fully clothed and wearing shoes. (Violation is 5 point deduction)